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| Diploma in Medical HypnotherapyApril - June 2024 | |
| Opening Weekend | |
| Saturday 6th April 9:30 – 17:00  **Day One All things hypnosis and the brain in trance** | Sunday 7th April 9:30-17:00  **Day Two All about the solution focused approach** |
| Week 1 | |
| Wednesday 10th April 10:00am – 1:00pm  **Psychology of Health** |  |
| Week 2 | |
| Wednesday 17th April 10:00 - 1:00pm  **Psychoneuroimmunology Part 1** | Sunday 21st April 10:00-11:00  **Coaching Call** |
| Week 3 | |
| Wednesday 24th April 10:00-1:00pm  **Psychoneuroimmunology Part 2** |  |
| Week 4 | |
| Wednesday 1st May 10:00-1:00pm  **The Management of Pain Part 1** | Sunday 5th May 10:00-12:00  **Anchors, Arrows and Marbles** |
| Week 5 | |
| Wednesday 8th May 10:00-1:00pm  **The Management of Pain Part 2** | Sunday 12th May 10:00am-1:00pm (5pm for the full day of training which we would like to offer and will be confirmed) tbc  **Weight and Eating Behaviour** |

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| Week 6 | | |
| Wednesday 15th May 10:00-1:00pm  **Gut Directed Hypnotherapy Part 1** | | Sunday 19th May 10:00-11:00am  **Coaching Call** |
| Week 7 | | |
| Wednesday 22nd May 10:00 - 1:00pm  **Gut Directed Hypnotherapy Part 2** | |  |
| Week 8 | | |
| Wednesday 29th May 10:00-1:00pm  **Needle Phobias and safeguarding**  **Emetophobia and complex phobias** | |  |
| Week 9 | | |
| Wednesday 5th June 10:00-1pm  **Supporting people through chemotherapy, radiotherapy, palliative care** | |  |
| Week 10 | | |
| Wednesday 12th June 10:00-1:00pm  **Equality, Diversity and Inclusion in a health and wellness setting** | | Sunday 16th June 10:00-11:00  **Coaching Call** |
| Week 11 | | |
| Wednesday 19th June 10:00-1:00pm  **Chronic illness, ME/CFS Long Covid** | |  |
| Week 12 | | |
| Wednesday 26th June 10:00-1:00pm  **Mindfulness and compassion-based approach for Hypnotherapists** |  | |
| **Final day of the diploma!** Saturday 29th June 09:30-1pm | | |